ABSTRACT

TEGAR TANTANGAN. 2023. Contribution of Hand Eye Coordination and Wrist Flexibility to Dropshot Strokes in Badminton Games. (Descriptive Studies on PB Athletes. AURA Garut). Department of Physical Education. Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya City. The purpose of this study was to obtain information on the contribution of hand eye coordination and wrist flexibility to dropshot results in athletes' badminton games PB. AURA. The research method used in this study was a descriptive research method, which was carried out as many as 1 meeting. The object of the study was PB athletes. AURA aged 11-19 years who are male totaled 16 people. The results showed that there was a contribution of hand eye coordination and wrist flexibility to the results of dropshot strokes. This is proven based on the results of determination, the contribution of both is 68.33%, while the remaining 31.67% is another factor, then H_0 is rejected and H_a is accepted which means that there is a significant contribution between hand eye coordination and wrist flexibility to the results of dropshot strokes in athletes' badminton games. PB. Aura.

Keywords : Contribution, coordination, flexibility, wrist hand, Dropshot, Badminton.