

ABSTRACT

Anisa Yusuf. 2023. *The Effect of Premarital Training on Family Harmony (Study of the Premarital Training Program implemented by the Healthy City Forum in Tasikmalaya City)*. Department of Community Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

Family is not only about happiness and harmony, but disputes and even arguments among family members will still exist, whether from spouse to husband, parents to children or vice versa. So it is necessary to have provisions and knowledge about building a family to achieve harmony and happiness, by understanding the rights and obligations between spouses while running family life. The purpose of the study was to determine the effect of premarital training conducted by the Healthy City Forum on family harmony in Tasikmalaya. The research method used is the survey method. The sampling technique in this study used nonprobability sampling. The nonprobability sampling technique used is total sampling technique or census, which means that all members of the population are used as research samples, namely 35 people. The instrument used is a questionnaire that has been tested for validity and reliability. The test results resulted in 40 valid instruments and 3 invalid instruments. The research data must fulfil the basic assumption test, namely the normality test, linearity test and heteroscedasticity test, then continue to test the hypothesis of simple linear regression analysis with the results of the probability value smaller than the alpha value of 0.05 so that it is concluded that H_1 is accepted. H_1 is accepted, meaning that there is a significant effect of premarital training on family harmony in premarital training participants organised by the Healthy City Forum in Tasikmalaya City. Premarital training has a major influence on family harmony with an R Square of 0.568 or a percentage of 56.8 per cent. Where the remaining 43.2 per cent is influenced by other variables not examined in this study.

Keywords: Premarital Training, Family Harmony, Healthy City Forum