### ENCLOSURE

#### Enclosure 1

### PARTICIPANT CONSENT AND RELEASE FORM FOR PARTICIPANT:

I <u>Aî</u> <u>Nurhayati</u>, in connection with this research program, hereby authorize the researcher and its program to conduct the semi-structured interview and analyze its result.

Additionally, I hereby authorize the researcher to release, publish, or quote such material from the result of interview, but withhold my identity, in connection with all researcher activities.

With respect to this research program, I understand that content may be included in future speeches, on the internet, and through multiple broadcast channels and print media.

I understand that I may decline to give my consent (by not signing this form) and still continue to participate in all research activities without being disadvantaged with respect to those activities.

ai

31 Mei 2019

Participant's Signature

Date

Hj. Ai Nurhayati

Printed Name

ainurhayati@gmail.com

e-Mail Address

Purbaratu

Participant's Home City and Country

### ENCLOSURE

Enclosure 1

### PARTICIPANT CONSENT AND RELEASE FORM FOR PARTICIPANT:

I Endang Nur Lestari, in connection with this research program, hereby authorize the researcher and its program to conduct the semi-structured interview and analyze its result.

Additionally, I hereby authorize the researcher to release, publish, or quote such material from the result of interview, but withhold my identity, in connection with all researcher activities.

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I understand that I may decline to give my consent (by not signing this form) and still continue to participate in all research activities without being disadvantaged with respect to those activities.

HAR

21 Juli 2019

Participant's Signature

Date

Endang Nur L endngnr1strizg@gmail.com

Printed Name

e-Mail Address

Kp. Tangung hurip

Participant's Home City and Country

### ENCLOSURE

### Enclosure 1

## PARTICIPANT CONSENT AND RELEASE FORM FOR PARTICIPANT:

I <u>Mock. Fauzan Pleichy Hickagal</u>, in connection with this research program, hereby authorize the researcher and its program to conduct the semi-structured interview and analyze its result.

Additionally, I hereby authorize the researcher to release, publish, or quote such material from the result of interview, but withhold my identity, in connection with all researcher activities.

With respect to this research program, I understand that content may be included in future speeches, on the internet, and through multiple broadcast channels and print media.

I understand that I may decline to give my consent (by not signing this form) and still continue to participate in all research activities without being disadvantaged with respect to those activities.

21 Jul: 2019

Participant's Signature

Date

Mach. Fulzan

Printed Name

mfauzanmeiclyh agmal com

e-Mail Address

lep. jukasirna

Participant's Home City and Country

## **INTERVIEW GUIDELINES**

Date : May, 31<sup>th</sup> 2019

# Place : One of Vocational High School in Tasikmalaya

Respondent : Teacher

No	Aspect	Description		Items
1.	Situation	Approaching or avoiding	1.)	Bagaimana cara ibu
	Selection	certain people or situation		untuk menghadapi
		to modify their emotional		siswa yang membuat
		impact.		kegaduhan saat
				pembelajaran?
			2.)	Bagaimana tindakan
				yang ibu lakukan
				ketika siswa
				memainkan
				<i>cellphone</i> ketika
				pembelajaran?
2.	Situation	Involves directly changing	1.)	Bagaimana respon
	Modification	a situation to regulate		ibu ketika
		emotion.		menghadapi siswa
				yang tidak
				memperhatikan saat
				pembelajaran?
			2.)	Cara seperti apa yang
				ibu lakukan untuk
				membuat siswa fokus
				terhadap
				pembelajaran?
			3.)	Bagaimana cara yang

				ibu lakukan untuk
				mengurangi emosi
				negatif?
3.	Attention	Focusing attention on or	1.)	Ketika situasi
	Deployment	moving attention away		pembelajaran tidak
		from a situation to change		kondusif, bagaimana
		the impact of the situation		cara ibu untuk
		on individual's emotions.		mengendalikan
				emosi?
			2.)	Strategi seperti apa
				yang ibu lakukan
				ketika siswa terlihat
				tidak bersemangat
				ketika pembelajaran?
			3.)	Apa yang ibu lakukan
				untuk mengontrol
				emosi ketika
				menghadapi perilaku
				siswa saat mengajar?
4.	Cognitive	Modifying one's	1.)	Menurut ibu,
	Change	evaluations of a situation		mengapa ibu harus
		or one's ability to		mengontrol emosi
		manipulate a situation in		negatif ketika
		order to alter its emotional		menghadapi siswa
		impact.		saat sedang
				mengajar?
			2.)	Bagaimana cara ibu
				untuk menghadapi
				siswa yang membuat
				ibu kesal ketika

				mengajar?
5.	Suppression	The infibition of ongoing emotion expressive behavior.	1.)	Bagaimana cara yang ibu lakukan untuk meningkatkan emosi
				positif?
			2.)	Menurut ibu, kenapa
				ibu harus
				meningkatkan emosi
				postif ibu ketika
				menghadapi perilaku
				siswa saat mengajar?

## **INTERVIEW GUIDELINES**

Date : June, 21<sup>th</sup> 2019

# Place : One of Vocational High School in Tasikmalaya

Respondent : Students

No.	Aspect	Description	Items
1.	Situation	Approaching or	1.) Apa yang guru Bahasa
	Selection	avoiding certain people	Inggris anda lakukan
		or situation to modify	ketika anda atau siswa
		their emotional impact.	yang lainnya membuat
			kegaduhan?
			2.) Bagaimana tindakan
			yang lakukan guru
			Bahasa Inggris anda
			ketika anda atau siswa
			lainnya memainkan
			<i>cellphone</i> ketika
			pembelajaran?
2.	Situation	Involves directly	1.) Bagaimana respon
	Modification	changing a situation to	guru Bahasa Inggris
		regulate emotion.	anda ketika ada siswa
			yang tidak
			memperhatikan saat
			pembelajaran?
			2.) Apa yang guru Bahasa
			Inggris anda lakukan
			ketika siswa tidak
			fokus saat
			pembelajaran,
			misalnya mengobrol
			dengan temannya atau

			melamun?
3.	Attention	Focusing attention on	1.) Bagaimana reaksi guru
	Deployment	or moving attention	Bahasa Inggris anda
	Deproyment	away from a situation	ketika situasi
		to change the impact of	pembelajaran tidak
		the situation on	kondusif? Apa yang
		individual's emotions.	dilakukan?
			2.) Pernahkah anda
			merasa bosan saat
			pembelajaran?
			Biasanya apa yang
			guru Bahasa Inggris
			anda lakukan ketika
			siswa-siswa terlihat
			bosan atau tidak
			bersemangat untuk
			belajar?
4.	Cognitive	Modifying one's	1.) Apa yang guru Bahasa
	Change	evaluations of a	Inggris anda lakukan
		situation or one's	ketika anda atau teman
		ability to manipulate a	anda membuat ibu
		situation in order to	kesal atau marah
		alter its emotional	ketika mengajar?
		impact.	2.) Menurut anda, apa
			yang biasanya guru
			bahasa Inggris anda
			lakukan untuk
			membuat siswa
			mempehatikan ketika
			pembelajaran?

5.	Suppression	The infibition of	1.) Pernahkah guru
		ongoing emotion	Bahasa Inggris anda
		expressive behavior.	menunjukkan ekspresi
			marah? Seperti apa
			reaksinya?
			2.) Apa yang guru Bahasa
			Inggris anda lakukan
			ketika terlihat kesal
			atau marah?

### THE RESULT OF INTERVIEW

- R : Reseacher (Interviewer)
- P1 : Participant 1 (Teacher)
- R : Assalamualaikum
- P1 : Waalaikumsalam
- R : Previously, thank you for taking the time and apologize if I disturb you. Here I will give some questions about the emotional regulation strategy that the teacher does when teaching. So, I will give a few questions, just go ahead mom. When learning sometimes the teacher will find a situation where the classroom situation is not conducive, then how you can control the classroom situation when is not conducive?
- P1 : How to control the students so as not to be noisy by focusing, students are told to focus on the lesson, so the children are told to pay attention when I teach.
- R : Are there other things you have done? How to focus students?
- P1 : How to focus on students? I organized the class, and then directed it to the rowdy students who were told to pay attention like that. For example, Look at me! Look at me! That's it.
- R : Oh like that, then how do you respond when facing students who don't pay attention during learning?
- P1 : Emm .. there are students who do not pay attention to the lesson, I reflexively like to reprimand him by being approached then asked "why are you not

paying attention?" So he is the reason sometimes there are those who avoid "no ma'am, I pay attention". Someone said yes ma'am because I was upset at home. My mother is sick at home, then blah, blah, blah, that's it. So the term of the students varies, and the background doesn't pay attention to that why.

- R : For example, when learning there are some students who play cellphones even though in learning they are not in need of the internet by using mobile phones, so how do you act on the situation?
- P1 : There is one student who plays a cellphone, of course there is. But we have to be smart enough to pay attention to students, for example students don't pay attention to all the students there in Ngaloprek hand phone, but alhamdulillah I always pay attention, however, there are those who want to try, finally he opens the cellphone, I have tricks to handle it, for example, is to the right of student A who is playing on a cellphone, finally I explained while organizing the class, while spinning from the left it didn't go right to the right, if it went right the student immediately swung the cellphone. So there are tricks too, we have to turn first to the left, and then turn straight "tep" to be caught, and finally he will be confused. Sometimes someone says this, "sorry ma'am just got a call from my mother, when I want to be picked up you took it", someone said. Onether students said nothing, when they were seen playing the mobile legend again, the season is now playing the game, so finally I was given a warning, so as not to do things like that earlier.

- R : Henceforth, what strategies do you do to regulate or control your emotions when facing certain situations, for example when students do not pay attention to learning, what strategies do you do?
- P1 : The strategy that I did at that time, I tried to give motivation to students, so that students really learned, sometimes the students like to look out of class when I was teaching, when I was writing automatically the students thought "ah won't be seen by mom", when I was immediately reprimanded, the students were asked why they were looking out, then they were told to repeat the words that I said before one sentence or two sentences, finally they were afraid, so they really learned.
- R : How do you reduce negative emotions?
- P1 : As a teacher it is indeed natural that the name of emotion is always there if for example students have an annoying term or someone makes a noise, now to reduce emotions, sometimes I like to say this, "you choose, do you feel noisy or want to come out or I came out? Please choose "finally they said" moal sakali-kali deui ma'am, sorry, please continue to explain ", like that.
- R : How do you increase positive emotions?
- P1 : Increasing the emotion that came out by the way the students were told to sing a song, finally the emotion was dimmed by itself and finally singing by being led by one of the students, the singing was good even though with words, finally in happiness, they every time wanted to sing continuously rich "Dji double ou in jie ou bi good job good job", but not hehehe. But they want to sing it, because they said that it'a a pray ceunah, so we have to sing first.

Finally, I followed, but with a note that they must really learn, there should not be a term when someone is chatting, there should be no discussion on their own, then there will be discussion on time.

- R : So you melted the situation first to increase positive emotions.
- P1 : Yes and don't forget to always smile. For example, if we didn't smile, the students won't to learn, so they won't to study with me anymore, finally I given a smile and they are happy again. But that doesn't mean it's happy to be holding it again, noisy again isn't it. But they were happy to want to learn so much with me.
- R : For the last, why you have to control your emotion when teaching?
- P1 : I have to control the emotions when teaching because if I didn't control my emotion, so that the students will be noisy, automatically the situation in the class was like there wasn't a teacher when I was in the class, so that I told them to sudy and do an assignment to quiet the noise situation. It's like a punishment for them, finally.
- R : One of your purpose to regulate the emotion that is to contaminating and managing class?
- P1 : Yes that's right. I have never been angry to the students as far as rude. Because I often think that I also have children, how if my son is in my students' position which getting fucked by her teacher, so that I also positioned as them.
- R : All right mam, thank you for your time, wassalamualaikum wr wb
- P1 : Yes, waalaikumsalam wr wb



- Peraturan Presiden Republik Indonesia Normur 24 Tahun 2014 lentang Pendinan Universitas Siliwangi;
   Keputusan Rektor Universitas Siliwangi Normor 4928/UN58/XP/2018 termang Pergantian Dekan Fakultus
- Teknik Universitas Siliwangi Perlado Tahun 2018 2022.
- Koputusan Rektor Universitas Silwangi Nomor 5288/UN56/KP/2018 tenteng Pengangkatan Dosen dengen tugas tambahan di lingkungan Universitas Siliwangi Periode Tahun 2018 - 2022.
- Kepulusan Rektor Universitas Silwangi Nomor 938.5K/US-BU/SP-2, VIII/2012 lentang Penelapan Besamya Biaya Kerja Praktek, Seminar dan Skripsi/Tugas Akhir bagi Mahasiswa Fakultas Keguruan & Imn Pendidikan Universitas Silwangi

#### MEMUTUSKAN

Monetapkan	: Pembimbing Skrips/Tugas Akhir Mahasiswa Jurusan Pendidikan Bahasa inggits
	Fakultas Keguruan & Josu Pendidikan Universitas Siliwangi
KESATU	: Menunjuk kecada yang namanya tersebut dibawah ini :
	1. Nama : Dr. Dian Kardijan S.Pd., %.Pd. (Reviewer)
	NIDA : 0404077101
	<ol><li>Nama : Arini Nunul Hidayati S.Pd., M.Pd.</li></ol>
	NICX : 0406048801
	Sebagai pentoimbing dalam penyasunan Skripsi/Tugas Akhir, untuk mahasiswa tersebut dibawah isi :
	N ama : SENI AYUNI TRI AGTUTI
	NPM : 152122066
KEDUA	Pelaksanaan bimbingan penyusunan Skripsi/Tugas Akhir diaksanakan sesual jadwai yang talah di tenjukan.
KETIGA	Detern meleksanakan tugasnya Pembimbing bertanggung jawab kepada Dekan.
KEEMPAT	: Keputusen ini bedaku untuk jangka waktu 8 bulan, sejak langgal D1 Januari 2019 s.d 01 Januari 2020 dan dapat
	diperpanjang paling larve autuk jangka waldu 4 bulan.
KELIMA	Apabila terdapat kekeliman datan Keputasan ini akan diadakan perbaikan sebagaimana mesilnya.



Tembusan,

 Ketus Jarusan pendidikan bahasa inggris Fakultas Keguruan & timu Pendidikan Universitas Silwangi 2. Bondahara Pengaluaran Penthentir Fakultas Keguruan & kimi Pendidikan Universitas Silwangi

Contraction of the second	KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGG UNIVERSITAS SILIWANGI
	FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN
	PROGRAM STUDI PENDIDIKAN BAHASA INGGRIS Jalan Siliwangi Nomor 24 Tlp. (0265) 323532 Fax. 323532
	Tasikmalaya-46115 E-mail : fkip_unsil@unsil.ac.id Web Site : fkip.unsil.ac.id
Lembar Pe	enetapan Proyek Tugas Akhir S-1 dan Tim Dosen Pembimbing
Kepada Yth. Bapak	k/Ibu Dosen Prodi Pendidikan Bahasa Inggris
Kami Dewan Bir menyatakan bahwa	imbingan penulisan Tugas Akhir Studi Pendidikan Bahasa Inggri a
Nama Mahasiswa	: SENI AYUNI TRI ASTUTI
NIM	: 152122066
telah mengajukan u	usulan proyek tugas akhir S-1 (Skripsi) dengan informasi berikut:
Tema Penelitian ()	Maksimal 5 Kata Kunci)
	on, emotion regulation strategies, classroom management
	· · · · · · · · · · · · · · · · · · ·
Judul Riset Tentat	tif (Maksimal 21 Kata)
Investigating Tea	acher's Emotion Regulation Strategies used during Teaching in A
	acher's Emotion Regulation Strategies used during Teaching in A onal School Context
Technical Vocatio	onal School Context
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Technical Vocation Rasional (40-70 Ka Vocational high the classroom, to also have lack of ability to regular learning process teaching, teach	ata) a school students tend to have negative attitude during learning English in this is phenomenon by my self during teaching practicum. The students of discipline and less of motivation. In this case, teachers must have the late their emotions to manage the class to build an effective teaching is. Emotion regulation in teaching is requared by the teacher because in her frequently experience positive emotions and negative emotions.
Rasional (40-70 Ka Vocational high the classroom, t also have lack o ability to regula learning process teaching, teacher Teaching is an	ata) ata) ata) a school students tend to have negative attitude during learning English in this is phenomenon by my self during teaching practicum. The students of discipline and less of motivation. In this case, teachers must have the late their emotions to manage the class to build an effective teaching s. Emotion regulation in teaching is requared by the teacher because in

English Education Department

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#### Rumusan Masalah (20-40 Kata)

What are teacher's emotion regulation strategies used during teaching English?

#### Landasan Teori dan Konsep (20-40 Kata)

Emotion regulation (Gross, 1998a): The processes by which individuals consciously or unconsciously influence which emotios they have, and how they experience and express them. Emotion regulation strategies of Gross's model including situation selection, situation modification, cognitive change, attention deployment and suppression.

### Desain Penelitian (20-30 kata)

Descriptive case study

#### Metode Pengambilan Data (20-30 kata)

Deriving data by using interview to get the data about teacher's emotion regulation strategies. Semi-structured interview will be used to the students and the teacher to provide a deep understanding of the topic and facilitate to share the emotion regulation strategies used during teaching English.

### Tujuan dan Kontribusi (20-40 Kata)

This study to investigate teacher's emotion regulation strategies used during teaching English, and will provide the reader empirical insights about what the teacher's emotion regulation strategies are in teaching learning process, then it become reflection for teacher in developing their teaching practices.

English Education Department

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Acuan Bacaan dan Jadwal Pelaksanaan Tugas Akhir

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Berdasarkan informasi di atas, Kami Dewan Bimbingan Skripsi program Studi Pendidikan Bahasa Inggris menyetujui usulan proyek penelitian atas nama mahasiswa yang bersangkutan. Untuk penyelesaian proposal penelitian secara lengkap serta pembimbingan penelitian dan penulisan skripsi sampai selesai, Kami menyerahkan tugas dan kewajiban ini kepada Tim Dosen Pembimbing. Untuk itu, Kami mohon kesediaan Bapak/Ibu untuk menjadi dosen pembimbing utama dan dosen pembimbing pendamping.

Tanda Tangan Kesediaan

Nama : Dr Dian Kardijan, M.Pd sebagai Pembimbing Utama

Nama : Arini Nurul Hidayati, M.Pd sebagai Pembimbing Pendamping (

Terima kasih atas kesediaan Bapak/Ibu atas kesediaan untuk memberi pembimbingan kepada mahasiswa yang bersangkutan.

DBS PRODI PEND. B. INGGRIS

)\* Ketua/Sekretaris/Anggota

English Education Department

3 | Page

	KARTU PERTEMUAN BIMBINGAN PROPOSAL SKRI PRODI PENDIDIKAN BAHASA SEMESTER GASAL TAHUN AI	INGGRIS
	SEMILSTER GASAL TAHON AP	ADEMIK 2010/2015
Nama Mahasiswa	SENI AYUNI TRI AS	57471
NPM	152122066	a described or
Topik Penelitian		
Pembimbing I		Pembimbing II
Nama	Dr. Dian Kardijan, M.P.	Nama : Arini Nurul Hidayəti, M.R.
NIDN	: 0404077101	NIDN : 0406048801
Pembimbing I		Pembimbing II
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Nama Mahasiswa	SENI AYUNI TRI A	STUTI	
NPM	: 152122066		
Topik Penelitian			
Pembimbing I		Pembimbing II	
Nama	Dr. Dian Kardijan, M.Pd	Nama	Arini Murul Hidayati, M.P.
NIDN	0404077101	NIDN	1088203000
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Retua Jurusan Pendidikan Bahasa Inggris

NIDN.



### KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI UNIVERSITAS SILIWANGI FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN PROGRAM STUDI PENDIDIKAN BAHASA INGGRIS Jalau Siliwangi Nomor 24 Th. (V266) 323532 Fax. 323532 Tasikumluya - 46115 E-mail : fkin unsil.ac.jd Web Site : fkip.ansil.ac.id

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TENTATIVE TITLE

Investigating Teacher's Emotion Regulation Strategres used during Teaching in a Technical Vocational School Contest

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