

**TEACHING ANXIETY ON AN EFL PRESERVICE TEACHING
PERFORMANCE: A CASE STUDY IN AN INDONESIAN VOCATIONAL
SCHOOL**

A THESIS

Submitted to Fulfil the Requirements for *Sarjana Pendidikan* Degree
at English Education Department of Faculty of Educational Sciences and
Teachers' Training Siliwangi University



by

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PERNYATAAN KEASLIAN KARYA ILMIAH

Dengan ini saya menyatakan bahwa skripsi saya yang berjudul "*The Effect of Teaching Anxiety on an EFL Preservice Teaching Performance: A Case Study in an Indonesian Vocational School*", beserta seluruh isinya adalah sepenuhnya karya saya sendiri dan saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika keilmuan yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini saya siap menanggung konsekuensi atau sanksi apabila di kemudian hari ditemukan adanya pelanggaran terhadap etika keilmuan atau ada klaim dari pihak lain terhadap keaslian skripsi ini.

Tasikmalaya, Juli 2019

Yang Membuat Pernyataan,



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ABSTRAK

MONIKA ALFIGHINA. 2019. “*Teaching Anxiety on an EFL Preservice Teaching Performance: A Case Study in an Indonesian Vocational School.*” Pendidikan Bahasa Inggris. Fakultas Keguruan dan Ilmu Pendidikan (FKIP). Universitas Siliwangi. Tasikmalaya.

Kecemasan mengajar dapat menjadi masalah yang cukup merepotkan bagi guru PLP (Pengenal Lapangan Persekolahan) Bahasa Inggris yang mayoritas kurang memiliki pengalaman dalam mengajar, ditambah lagi pengaruh dari bahasa Inggris sebagai bahasa asing. Tujuan dari penelitian ini adalah untuk mengetahui pengaruh kecemasan mengajar terhadap performa mengajar seorang guru PLP Bahasa Inggris dan cara yang ia gunakan untuk mengatasi kecemasan mengajar tersebut. Data pada penelitian ini diambil dengan menggunakan wawancara semi struktural dan dianalisis menggunakan tematik analisis. Dari penelitian ini, dapat disimpulkan bahwa kecemasan mengajar dapat membuat guru PLP Bahasa Inggris kehilangan fokus, membuat kesalahan *grammar* dan mengalami kesulitan dalam menyampaikan materi. Selain itu, penelitian ini juga memberikan solusi ketika kecemasan mengajar menyerang, yaitu berpura-pura melakukan sesuatu seperti membaca dan menulis, melakukan sesuatu yang sesuai dengan kondisi kelas seperti bertindak tegas ketika kondisi kelas tidak efektif dan melakukan diskusi dengan guru pamong, teman, maupun siswa agar performa mengajarnya bisa lebih baik.

Kata Kunci: Kecemasan Mengajar, Guru PLP Bahasa Inggris, Performa Mengajar.

PREFACE

All praises are due to Allah swt., the highest, the creator of the universe. Because of His grace, I am able to finish writing my thesis entitled “Teaching Anxiety on an EFL Preservice Teaching Performance: **“A Case Study in an Indonesian Vocational School”**”. It is submitted to English Education Department, Siliwangi University to fulfil the requirement for *Sarjana Pendidikan* Degree at English Education Department of Faculty of Educational Sciences and Teachers’ Training Siliwangi University.

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2. *Dra. Dede Pertamina, M.Pd.*, as my first supervisor for her guidance and advice;
3. *Asri Siti Fatimah, M.Pd.*, as my second supervisor for her guidance and advice;
4. All lecturers of the English Education Department of Faculty of Educational Sciences and Teacher’s Training of Siliwangi University, Tasikmalaya;

I welcome suggestions and constructive criticism from the readers to improve towards my writing. Hopefully, this thesis can be useful and gives the advantages both for myself and the readers.

Tasikmalaya, July 2019

The writer

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