

**ABSTRACT**

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***THE RELATIONSHIP BETWEEN LOW BIRTH WEIGHT (LBW) HISTORY, EXCLUSIVE BREASTFEEDING, ENERGY AND PROTEIN INTAKE WITH THE INCIDENCE OF STUNTING IN TODDLERS AGED 24-59 MONTHS (Studied in Kota Wetan Sub-District, Garut City District, Garut Regency, 2023)***

*Stunting is a chronic nutritional deficiency problem that occurs in toddlers. Currently, stunting is one of the biggest challenges faced by the healthcare sector in Indonesia. The main causes of stunting in toddlers are related to their early life conditions and inadequate food intake. This study aims to determine the relationship between a history of low birth weight, exclusive breastfeeding history, energy intake, protein intake, and the incidence of stunting in toddlers aged 24-59 months. The research method used in this study is an observational study with a cross-sectional design conducted in Kota Wetan Subdistrict, Garut Kota District, Garut Regency. The sample size of this study was 84 toddlers selected through purposive sampling technique. Data analysis was performed using the chi-square test. The results of the analysis showed a significant relationship between a history of low birth weight with the incidence of stunting ( $p=0.009$ ;  $OR=7.913$ ;  $95\% CI: 1.525-41.052$ ). There was no significant relationship found between exclusive breastfeeding history with the incidence of stunting ( $p=0.213$ ;  $OR=2.000$ ;  $95\% CI: 0.791-5.058$ ). There was a significant relationship between energy intake with the incidence of stunting ( $p=0.016$ ). There was also a significant relationship between protein intake with the incidence of stunting ( $p=0.005$ ). Based on the findings, it is recommended to implement early prevention measures against stunting, particularly by ensuring mothers provide adequate nutrition to their toddlers. Pregnant women are also advised to prioritize their health and dietary intake to avoid giving birth to low birth weight babies, thus reducing the risk of stunting in toddlers.*

**Keywords:** *exclusive breastfeeding, low birth weight, energy, protein, stunting*